



CORE PRINCIPLES

Actions speak louder than words – lead by example and celebrate what you are achieving within your community.
 It's action time – find your allies within the school, and decide on a plan of action to achieve each of the different actions.
 Set to work – it's time for some investigation – what does your school already do to protect the coastal environment and where could it do better?
 Get your team ready: Identify fellow Guardians of the Coast and pick your A team (hint – try to include a wide range of players in your team including teachers, school managers, PTA members, pupils and TAs)



	WATER	WASTE	NATURE
1	Install water butts around the site for watering plants, nature havens and window washing.	Support Refill Somerset – ban single use water bottles to encourage all staff and students to use refillable water bottles.	Find out about a local stream or river and how it might be polluted. Identify ways your school can minimise polluting this habitat or if your school is not polluting it, design a flier for pupils to take home to friends and family with actions they can take to reduce river pollution.
2	Check for leaky taps! Work as a team to inspect all taps and water outlets around the school to make sure that none are leaking and wasting water.	Make sure you adopt the Right Waste Right Place principles (www.rightwasterightplace.com) to manage the school's waste properly.	Organise an arts and crafts competition or display that highlights important marine issues such as plastic pollution. This might include making art from plastic or other materials scavenged from the coast.
3	Never pour fats, oils and greases (FOGs) down the drain. Put up posters in the Kitchen (and design and technology classrooms) to make sure that everyone knows how to dispose of FOGs properly.	Eliminate all Single Use Plastics (SUPs) like single-use straws, cups, plates, cutlery and sachets wherever possible.	The Somerset Coast is internationally important for wildfowl and waders, because of the food-rich mud. Design a poster or leaflet celebrating why mud is so important to birds and other marine life.
4	Swap to refillable, eco-friendly soaps and cleaning products in the school toilets, changing rooms, classrooms, staff room and school kitchen	Prevent littering by encouraging on-site recycling and bin use. Install segregated bins in classrooms, canteens and playgrounds to make sure waste streams are separated into perishable (food waste), recyclable (check with local recycling policies) and non-recyclable.	Find out more about the following key seashore life that you may see on a visit to the local coast: seaweed, sea snails, crabs and sand-hopper shrimps. How important are each to the environment? How can they be affected by humans? How can they be better protected?
5	Love your Loo - display posters next to toilets that only the 3Ps (Pee, Poo and Paper) should be flushed down the loo to keep pipes blockage free.	Make sure appropriate bins are available throughout the school in all toilets and changing rooms to make sure that only the 3Ps are flushed (pee, paper and poo).	Organise at least one visit to the local coast either independently or with a local outdoor provider or leader (e.g. Somerset Wildlife Trust, National Trust., Marine Conservation Society etc).

Tick off 3 actions per Water, Waste and Nature pillar to complete this level.

If you have enjoyed completing these tasks, please share on social media with a hashtag or contact one of the partner organisations to let them know!
 #coastalchampions
 enquiries@somersetwildlife.org

Congratulations, you have completed the first level! On to level two!

